SNS

An example of an open school with sports
Open school with sports: what’s in a name?

A school that works together with

- the sportsorganisation of the city or region
- other schools of different education systems
- local sportsclubs

‘SNS’, an example of an open school with sports.
Co-ordination

- Is done by a teacher of physical education with a “flexible” halftime job.
- Jobs created by the Ministry of Sports to develop a concept to promote sportsparticipation.
- Wage and working costs are paid by BLOSO (the Flemish Sportsadministration)
- BLOSO and SVS (Flemish Schoolsport Foundation) appointed 25 of these “flexible” teachers to co-ordinate the cooperation between clubs, schools and municipality or city.
A new concept for sports after school

SNS

for students from 12 to 18 years

‘SNS’, an example of an open school with sports.
In cooperation with

- BLOSO
  Flemish Sportsadministration

- SVS
  Flemish Schoolsport Foundation

‘SNS’, an example of an open school with sports.
Headlines

- For students of different schools in the same city or region.
- SNS-pass
- Wide range of different recreational sports activities such as fitness, squash, badminton, dance, kickboxing, swimming, rope skipping, capoeira, …
- Right after school hours
- In sports accommodation of schools and clubs in the neighbourhood
- Unlimited participation
- Very cheap: 40 Euro for a whole year

‘SNS’, a model for an open school with sports.
Goals

- More and durable sportsparticipation
- Bring students in contact with the sportsfacilities and clubs in their region.
- Give non-active youngsters the opportunity to try out different sports at their own pace with a minimum of costs.
- Take away their initial hesitation.
- Give equal opportunities for all students.

‘SNS’, a model for an open school with sports.
Organisation

- Explain the SNS-concept to directors and P.E. teachers of the schools
- Make up the program:
  1. Draw up an inventory of the local clubs and available accommodation
  2. Negotiate to open up recreational lessons for students with a SNS-pass
  3. Negotiate with the city to give free use of the swimming pool, sportshall, tennis courts …
  4. Contact fitness clubs and try to get a good price for use of the fitness, squash, ….

‘SNS’, an example of an open school with sports.
Program: set up in function of quality

- Certificated teachers
- Good accommodation
- Variety of different sports which suits both girls and boys
- Recreational activities and life-time sports with the accent on pleasure
- All participants are insured by a sport+ insurance of BLOSO

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Financial Aspect

- The aim is to have a break-even: what comes in, can go out
- The more SNS-passes sold, the more money to spend on making up the program

Example:
- 10 schools in a certain city or region
- Total amount of students: 5000
- Estimated number of SNS-passes sold: 8% = 400
- 400 passes x 40 EURO = 16,000 Euro

- The wage expenditure of the P.E teachers with a combination job is covered by BLOSO

- The Flemish sportsadministration (BLOSO) gives financial support for working costs such as telephone-, copy-, movement- costs....
Once the program is made up:

- Send (or deliver) subscription forms with the program to the schools.
- Collect the names and data from the subscribed students (on a excell sheet that is made up for the secretariat of the schools) and import them into an Access file.
- Print out the labels to put on the SNS-passes.
- Send or bring the passes to the schools together with a map with all useful information.

SNS’, an example of an open school with sports.
Promotion of the SNS-pass

- P.E. Teachers of the participating schools explain the concept in their P.E class and make sure everybody gets a subscription form.
- Posters and info are delivered at the schools
- Updates are sent by E-mail
- Website: www.sportnaschool.be

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Promotion of sport

- Throughout the years the SNS-pass has proved its accuracy.
- Students prefer the flexibility, the variety and the cheap price of the SNS-system.
- Evaluation-forms showed that over 75% of the SNS-pass holders are not members of a sports- or fitness-club whatsoever.
- They use their pass on an average of twice a week!
- Most of them did absolutely no sports at all before they got their SNS-pass.
- Thanks to SNS some of them found a sport that suits them and are now member of a sports club.

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