Doping, Sports, Control. An Athletes‘ view!

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How to cope with doping?
- legal
- moral
- medical
- fair play

Controls: What is at stake?
- human rights
- integrity of sports
- moral role play
Athletes‘ narratives
on doping and testing

- fairplay (to, by, with, for between whom?)
- play to the whistle (knowledge)
- accept (critically) the regime
- moral stand
- disappointment
- tag me
Control and sports

- nutrition
- body/performance
- training regime
- ADAMS
- drug testing
- daily life routines
It was my birthday and a man came to test me. I said it must be a mistake in the system - and indeed it was, as ADAMS is listing me as a man. He was sitting in my home for 4 hours, watching me, waiting for a women to come for the test, after I had him convinced that I am indeed me, a women and not a man. I took it with humor and so did my guests. It seems too much at times.
Thank you for your interest