Athletes’ Perspective on Testing Ineffectiveness

28 October 2013
Play the Game Conference
High standards and a heavy burden for clean athletes

- Sight Testing
- Testing in the Home
- Whereabouts Reporting
- One hour time slot
- Shift of Burden of Proof
- Costs

- Strict Liability
- Responsibility for everything entering the body
- Data Protection issues (204,525 profiles)

High standards and a heavy burden for clean athletes
2010 Adverse Analyzing study

- 758 reported violations out of 277,923 tests (.27 %)
- Only 17 out of 44 European NADOs fulfilled reporting obligations
- 49.7% of violations were in 5 sports – Bodybuilding, Cycling, Weightlifting, Rugby and Cycling
- 18.7% were for Cannabis
- 9 NADOs reported 222 in competition and only 28 out of competition violations out of 30,904 tests
- Germany was least efficient NADO with only 1 violation every 529 tests
1.08%
2011 – **CODE COMPLIANT**

8204 Tests = 30 Violations Total (.3%)

- 4 non-analytical
- 4 for THC
- 2 for prescription mistakes (minor sanctions)
- 7 for contaminated supplements
- 6 Masters athletes
- 1 lifetime ban for athlete with admitted substance abuse problem

Only **6** elite, Olympic caliber athletes – 4 cycling, 1 wrestler, 1 hammer (.07%)
2011 – Code Compliant

2012 - 8567 out of competition tests

2 violations (.02%)

(7 ongoing cases)
“Statistically the numbers of people being caught is between one to two per cent, that’s the numbers of positives against the number of tests. But the number of people doping are in the double digits”

David Howman, Daily Telegraph (2012)
Best practice in program design

• Define the problem
• Define the size of the problem and the population affected
• Assess the risk areas
• Design interventions
• Define measurable performance targets
• Pilot test interventions
• Monitor performance
• Assess and analyze
• Evaluate
Key Question for clean athletes:

Does compliance with the WADA Code reduce the prevalence of cheating?
THANK YOU