Cyclists, Health, Anti Doping and Medical Monitoring
A better approach?

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The Race Radio Dispute – about safety?

Or power?
Riders Health and Safety
An Endurance Sport
Chronic Fatigue
Doping and Recovery
UCI Medical Monitoring

A Professional cycling team has a duty to constantly and systematically ensure that professional cyclists in its team are in a proper physical condition to engage in cycling. A team shall must implement a prevention and safety programme that includes at least the tests set out in Part 13 Sporting Safety and Conditions, Chapter 1 Medical Monitoring of the UCI Regulations.
Responsibility of Team Managers and Doctors

- The Team Doctor is responsible for the medical aspects of the riders’ health protection programme.

- The Team Manager is responsible for the organization and implementation of the riders’ health protection programme.
Obligatory Tests

Riders must undergo the medical tests listed in the Programme drawn up by the Medical Commission and approved by the UCI President. The Programme is obligatory and carries the same force of law as other pasts of the UCI Regulations and includes an initial test on joining a team and subsequently medical tests and interviews every quarter.
The Team Doctor’s Duties

A Team Doctor is entrusted with the care for the health, safety and well-being of the rider and the rider’s health is of central interest to the Team Doctor. The Doctor has a duty to make a decision in relation to the excluding a rider from participating or continuing to participate in an race because of a risk to the rider’s health.
Mandatory Reporting

The tests are intended to provide a basis for assessing the fitness of the cyclist each quarter and after each test the Team Doctor must submit a declaration to the UCI Medical Commission.
Substantial Penalties for a first offence

**Team Manager:** a suspension of between eight days and ten years and/or a fine of between CHF 500.00 and CHF 20,000.00.

**Team Doctor:** a suspension of between eight days and one year and/or a fine of between CHF 500.00 and CHF 5,000.00. Furthermore, the matter may be passed over to the medical disciplinary authorities.
The Biological Passport
Team Compliance?

“pointless medically, and logistically impossible. ... why do you want us to do that and how do you expect us to do that?

What would the point of that be? ... So what I’ve done,... I guess unilaterally ... is, when I get a new rider, when they join the program, I do a head-to-toe physical exam, and look in their mouths and throats and ears, and listen to everything ...

but I just don’t see how any team could possibly do that [follow the rules] or why they would really want to.”