Guidelines to prevent sexual harassment and abuse in sports

Cologne 04.10.22 by Anja Rynning Veum
"imagine that our son should become a basketball player?!"
Guidelines

1. Treat everyone with respect, and refrain from all forms of communication, action or behaviour that may be perceived as offensive.

2. Avoid body contact that may be perceived as unwanted.

3. Avoid all types of verbal intimacy that may be perceived as sexually charged.

4. Avoid expressions, jokes and opinions that relate to the athlete’s gender or sexual orientation in a negative way.

5. Seek to have both sexes represented in the support network.
6. Avoid contact with the athletes in private spaces unless there are several persons present or in agreement with parents/guardians or the sports management.

7. Show respect for the athlete’s private life.

8. Avoid dual relationships, e.g. (for instance) boyfriend and coach. If a reciprocal relationship is established, the situation should be raised and clarified openly in the environment.

9. Do not offer any form of reward with the purpose of demanding or anticipating sexual services in return.

10. Take action and give notice if a breach of these rules is experienced.
Summary:

- focus to prevent especially important in the clubs
- guidelines remind the clubs which situations are important to avoid
- you never know who can harass or abuse
- if something happens, the guidelines gives advice to how to behave
Thanks!

More information at www.idrett.no