

# Doping patterns in wrestling, weightlifting and cycling

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**Common world**

**Extra-ordinary world**

**Common world**

**Professional career**

1st phase

2nd phase

3rd phase

4th phase

Discovery and apprenticeship

High level

Olympics

National trainer ?

**Pharmacological career**

Dabble in drugs    Scientific preparation

more or less  
the choice

federal obligation  
to dope

I took training courses in Russia, in Bulgaria, on the methods of training, the gap is enormous. It is true that we can wonder how they can take such training. I trained with a lad who lifted the same load at first, but in the three weeks, he had 40 kg over me. With hindsight, I know why there is a doping, they have one doctor for three athletes, it's enormous. We have one doctor for the whole French team.

During a European championship, I bought their Adidas shoes at half-price. One day, we were shown us a box of phials. He says to us: these are anabolic steroids. We did not buy but it was the first contact

They said to us: " now, with regard to your level, with regard to your age, you have a choice ". We cannot make you, but, we tell we are going to organize the taking of products for you. You can choose not to do it.”

Naturally, if you are obsessed with being a world champion, gaining weight, you have a choice, but... You have the choice of doing this and living in a palace or not doing this and living in a hut at the bottom of the garden ". So the four of us said: " OK, we are going to get organized”.



# SCIENTIFIC DOPING PLAN

M 4 h 145-155 53 x 16-17 1 GH IM 19 h

T 4 h 130-145 53 x 18-19 1 GH IM 19 h

W Rest 1 lipostadil Intraveinously

T 4 h 130-145 53 x 18-19 1 GH IM 19 h

F 4 h 145-155 53 x 16-17 1 GH US 17h

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# L'épreuve du dopage

Sociologie du cyclisme  
professionnel



LE LIEN SOCIAL

puf