

International Year of Sport and Physical Education: Crossing Hurdles from an Idea to the Finishing Line



Prof. Dr. Gudrun Doll-Tepper
ICSSPE President

Play the Game 2005,
Copenhagen, 7 Nov 2005



ICSSPE

International Council of Sport Science and Physical Education
Conseil International pour l'Education Physique et la Science du Sport
Consejo Internacional para la Ciencia del Deporte y la Educacion Física
Weltrat für Sportwissenschaft und Leibes-/Körpererziehung

CIEPSS



The United Nations and 2005

International Year of Microcredit

International Year of Physics

International Year of Sport and Physical Education



Sport 2005

International Year of Sport and Physical Education

السنة الدولية للرياضة والتربية البدنية

体育运动国际年

Année internationale du sport et de l'éducation physique

Международный год спорта и физического воспитания

Año Internacional del deporte y la educación física

www.un.org/sport2005



International Year of **Microcredit** 2005



World Year of **PHYSICS** 2005



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Millennium Development Goals

- Eradicate extreme poverty and hunger
- Achieve universal primary education
- Promote gender equality and empower women
- Reduce children mortality and improve maternal health
- Combat HIV/AIDS, malaria and other diseases
- Ensure environmental sustainability
- Develop a global partnership for development



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The Facts

- UN Secretary-General Kofi Annan appointed Adolf Ogi as special adviser for sport for development and peace in 2001
- Results of the work of the UN-Task Force were presented at UN Headquarters, New York, 17 September 2003
- UN General Assembly, 3 Nov 2003: Adoption of resolution 58/5
 - Sport as a means to promote education, health, development and peace
 - 2005: International Year of Sport and Physical Education



The Hurdles: Partnership and Co-operation

- National and local governments
- Private and corporate sector
- Non-governmental organisations
- Media



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Success Stories on National and Local Level

For girls and women
www.boxgirls.de



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First Hurdles Taken

The World of Sport, Physical Education, Sport Science and the UN System



Berlin, May 2005

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Selected Conferences in 2005

Sport and Education, Bangkok

Sport and Peace, Moscow

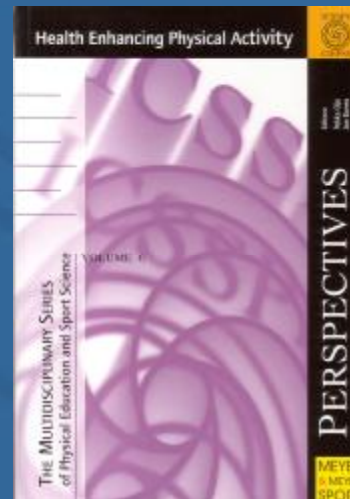
Sport and Health, Hammamet, Tunisia



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The Issue of Obesity



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Important International Activities

International Forum Sports and Development -
Economy, Culture, Ethics, Bad Boll, Germany, 2005

“Journalists are not interested if the topic is not a
sensational story.”

*(Comment of a participating
journalist)*



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Example of Co-operation

Rehabilitation through Adapted Physical Activity and Sport in the Tsunami Affected Area of Southeast Asia



Bangkok, Oct 2005



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Schumacher's Initiative



Outside the Beltway - Wednesday, January 5, 2005 Michael Schumacher Donates \$10 Million in Tsunami Aid

Posted by James Joyner at 14:03

Schumacher gives \$10 million in tsunami (Reuters)

Formula One world champion Michael Schumacher is to donate \$10 million (5.3 million) pounds to help the victims of the South Asian tsunami, his manager Willi Weber says. ...

"It's so unfathomable and horrible what happened to so many people," Schumacher, who turned 36 on Monday, said in comments on his website. "One cannot simply blind it out. We're suffering with them."

Who benefited?



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International Conference on Sport and Education

Bangkok 30 Oct 2005 - 2 Nov 2005



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Bangkok Post

JAPAN/GERMANY PHYSICAL FITNESS

Japanese kids less athletic

Tokyo—Physical fitness among Japanese children is on the decline, while middle-aged and senior citizens have become more agile, according to an annual government survey.

The study, by Japan's Education, Science and Technology Ministry, measured the athletic ability of 72,825 people between 6 and 79, testing sideways jumps, grip strength and rapid walking among adults, and running, throwing and jumping abilities among schoolchildren.

Test results showed that while Japan's youngsters are less fit than in 1985 when the survey was first conducted, middle-aged and older people have become more athletic, the ministry said in a report released recently.

An average 9-year-old Japanese boy

took 9.69 seconds to run 50 metres in 1994, almost a third of a second slower, and could throw a ball only 21.63 metres, a drop of over 3.5 metres, according to the study.

By contrast, the survey found middle-aged and senior citizens are more agile. In a sideways jumping test, people between 35 and 50 scored the best results ever recorded in the 20 years since the survey began.

The overall results reflected typical lifestyles among Japanese youth and middle-aged to older Japanese — children tend to sit around playing video games in their free time, while more middle-aged and older Japanese have become health-conscious and engage in regular exercise, such as brisk walking, experts say. AP

Importance of PE lessons highlighted

Freiburg/Berlin — Regular physical education improves coordination in young children and can reduce diseases of the heart and circulation and keep blood pressure low, according to the German Society of Sport Medicine.

The recommendations are based on a study conducted at six day-care centres in Berlin. A total of 160 girls and boys,

aged from three-and-a-half to six, took part in an exercise programme.

After two years, the children had lower blood pressure levels than boys and girls from other kindergartens.

The study also showed their coordination skills were better developed and they could walk backwards and run faster than other children. APA



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Diversity of Sport

... Sport - Physical Activity - High Performance Sport - Physical Education - Sport for All - Professional Sport - Amateur Sport - Traditional Games and Sport - Human Movement - Exercise ...



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Diversity of Sport Science Sport Science Directory - ICSSPE, 2004

Adapted Physical Activity - Athletics Training and Therapy - Biomechanics - Coaching Science - Comparative Physical Education and Sport - Health Enhancing Physical Activity - Kinanthropometry - Motor Development, Control and Learning - Philosophy of Sport - Sociology of Sport - Sport and Exercise Physiology - Sport and Exercise Psychology - Sport and Leisure Facilities - Sport History - Sport Information - Sports Law - Sport Management - Sports Medicine - Sport Pedagogy - Sports Vision



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A Call for Immediate Action

2nd World Summit on Physical Education,
Magglingen Switzerland, 2-3 Dec 2005

International Conference on Sport and Development
II, Magglingen, 4-6 Dec 2005



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Need for cross-sectoral and interdisciplinary
approaches



The Finishing Line

31 Dec 2005: Have we reached our goal?

- Millennium Development Goals → 2015
- Overall aim: Sustainable developments
- Invitation to innovative partnerships



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Discover the whole world of sport!



Information on the International Year of Sport and Physical Education

www.sportanddev.org

www.un.org/sport2005

www.icsspe.org



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